



Engine Make:	Engine Model:	Part Number:
<b>FORD</b>	<b>109E - 116E Pushrod Engine</b>	<b>150-B</b>
Valve Clearance:	Intake: <b>0.018"</b> Set <b>HOT</b> at the <b>VALVE</b>	Exhaust: <b>0.018"</b> Set <b>HOT</b> at the <b>VALVE</b>
Cam Lift:	Intake: <b>0.273"</b>	Exhaust: <b>0.271"</b>
Rocker Ratio:	Intake: <b>1.54</b>	Exhaust: <b>1.54</b>
Nett Valve Lift:	Intake: <b>0.402"</b>	Exhaust: <b>0.400"</b>
Advertised Duration @ <b>0.015"</b>	Intake: <b>278</b>	Exhaust: <b>283</b>
Duration @ <b>.050" CAM LIFT</b>	Intake: <b>230</b>	Exhaust: <b>232</b>
Timing @ <b>.050" CAM LIFT</b>	IVO: <b>10 BTDC</b>	EVO <b>45 BBDC</b>
	IVC: <b>40 ABDC</b>	EVC <b>7 ATDC</b>
	Intake: <b>105 ATDC</b>	Exhaust: <b>109 BTDC</b>
	Intake: <b>0.091"</b>	Exhaust: <b>0.079"</b>

[www.kelfordcams.com](http://www.kelfordcams.com)

[sales@kelfordcams.com](mailto:sales@kelfordcams.com)