



Engine Make:	Engine Model:	Part Number:
FORD	109E - 116E Pushrod Engine	150-D
Valve Clearance:	Intake: 0.016" Set HOT at the VALVE	Exhaust: 0.018" Set HOT at the VALVE
Cam Lift:	Intake: 0.322"	Exhaust: 0.322"
Rocker Ratio:	Intake: 1.54	Exhaust: 1.54
Nett Valve Lift:	Intake: 0.480"	Exhaust: 0.478"
Advertised Duration @ 0.015"	Intake: 290	Exhaust: 300
Duration @ .050" CAM LIFT	Intake: 248	Exhaust: 252
Timing @ .050" CAM LIFT	IVO: 21 BTDC	EVO 56 BBDC
	IVC: 47 ABDC	EVC 16 ATDC
	Intake: 103 ATDC	Exhaust: 110 BTDC
	Intake: 0.152"	Exhaust: 0.123"

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