



Engine Make:	Engine Model:	Part Number:
FORD	109E - 116E Pushrod Engine	150-E
Valve Clearance:	Intake: 0.016" Set HOT at the VALVE	Exhaust: 0.016" Set HOT at the VALVE
Cam Lift:	Intake: 0.316"	Exhaust: 0.316"
Rocker Ratio:	Intake: 1.54	Exhaust: 1.54
Nett Valve Lift:	Intake: 0.470"	Exhaust: 0.470"
Advertised Duration @ 0.015"	Intake: 305	Exhaust: 305
Duration @ .050" CAM LIFT	Intake: 262	Exhaust: 262
Timing @ .050" CAM LIFT	IVO: 31 BTDC	EVO 57 BBDC
	IVC: 51 ABDC	EVC 25 ATDC
	Intake: 100 ATDC	Exhaust: 106 BTDC
	Intake: 0.198"	Exhaust: 0.167"

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