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Engine Make:	Engine Model:	Part Number:
<b>FORD</b>	<b>109E - 116E Pushrod Engine</b>	<b>150-F</b>
Valve Clearance:	Intake: <b>0.016"</b> Set <b>HOT</b> at the <b>VALVE</b>	Exhaust: <b>0.016"</b> Set <b>HOT</b> at the <b>VALVE</b>
Cam Lift:	Intake: <b>0.325"</b>	Exhaust: <b>0.325"</b>
Rocker Ratio:	Intake: <b>1.54</b>	Exhaust: <b>1.54</b>
Nett Valve Lift:	Intake: <b>0.485"</b>	Exhaust: <b>0.485"</b>
Advertised Duration @ <b>0.015"</b>	Intake: <b>320</b>	Exhaust: <b>320</b>
Duration @ <b>.050" CAM LIFT</b>	Intake: <b>264</b>	Exhaust: <b>264</b>
Timing @ <b>.050" CAM LIFT</b>	IVO: <b>32 BTDC</b>	EVO <b>56 BBDC</b>
	IVC: <b>52 ABDC</b>	EVC <b>28 ATDC</b>
	Intake: <b>100 ATDC</b>	Exhaust: <b>104 BTDC</b>
	Intake: <b>0.195"</b>	Exhaust: <b>0.175"</b>

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