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Engine Make:	Engine Model:	Part Number:
<b>HONDA</b>	<b>B16A/B18C VTEC</b>	<b>176-C</b>

Valve Clearance:	Intake:	<b>0.30mm</b>	Set	<b>HOT</b>	at the	<b>VALVE</b>
	Exhaust:	<b>0.30mm</b>	Set	<b>HOT</b>	at the	<b>VALVE</b>

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Cam Lift:	Intake:	<b>7.81mm</b>	Exhaust:	<b>7.48mm</b>
Rocker Ratio:	Intake:	<b>1.55</b>	Exhaust:	<b>1.55</b>
Nett Valve Lift:	Intake:	<b>11.80mm</b>	Exhaust:	<b>11.30mm</b>
Advertised Duration @ <b>0.10mm</b>	Intake:	<b>294</b>	Exhaust:	<b>286</b>
Duration @ <b>1.00mm VALVE LIFT</b>	Intake:	<b>264</b>	Exhaust:	<b>256</b>
Timing @ <b>1.00mm VALVE LIFT</b>	IVO:	<b>30 BTDC</b>	EVO	<b>52 BBDC</b>
	IVC:	<b>54 ABDC</b>	EVC	<b>24 ATDC</b>
	Intake:	<b>102 ATDC</b>	Exhaust:	<b>104 BTDC</b>
	Intake:	<b>4.70mm</b>	Exhaust:	<b>3.86</b>

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