



Engine Make:	Engine Model:	Part Number:
<b>NISSAN</b>	<b>RB30</b>	<b>226-E</b>

Valve Clearance:	Intake:	<input type="text"/>	Set	<input type="text"/>	at the	<input type="text"/>
	Exhaust:	<input type="text"/>	Set	<input type="text"/>	at the	<input type="text"/>

Cam Lift:	Intake:	<b>6.81mm</b>	Exhaust:	<b>6.81mm</b>
Rocker Ratio:	Intake:	<b>1.6</b>	Exhaust:	<b>1.6</b>
Nett Valve Lift:	Intake:	<b>10.90mm</b>	Exhaust:	<b>10.90mm</b>
Advertised Duration @ <b>0.10mm</b>	Intake:	<b>260</b>	Exhaust:	<b>260</b>
Duration @ <b>1.00mm VALVE LIFT</b>	Intake:	<b>224</b>	Exhaust:	<b>224</b>
Timing @ <b>1.00mm VALVE LIFT</b>	IVO:	<b>0 TDC</b>	EVO	<b>46 BBDC</b>
	IVC:	<b>44 ABDC</b>	EVC	<b>2 BTDC</b>
	Intake:	<b>112 ATDC</b>	Exhaust:	<b>114 BTDC</b>
	Intake:	<b>1.09mm</b>	Exhaust:	<b>0.70</b>

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