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Engine Make:	Engine Model:	Part Number:
<b>NISSAN</b>	<b>RB30</b>	<b>226-IS</b>

Valve Clearance:	Intake: <b>0.40mm</b>	Set <b>COLD</b>	at the <b>VALVE</b>
	Exhaust: <b>0.40mm</b>	Set <b>COLD</b>	at the <b>VALVE</b>

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Cam Lift:	Intake: <b>8.81mm</b>	Exhaust: <b>8.91mm</b>
Rocker Ratio:	Intake: <b>1.6</b>	Exhaust: <b>1.6</b>
Nett Valve Lift:	Intake: <b>13.70mm</b>	Exhaust: <b>13.85mm</b>
Advertised Duration @ <b>0.10mm</b>	Intake: <b>304</b>	Exhaust: <b>314</b>
Duration @ <b>1.00mm VALVE LIFT</b>	Intake: <b>264</b>	Exhaust: <b>267</b>
Timing @ <b>1.00mm VALVE LIFT</b>	IVO: <b>20 BTDC</b>	EVO <b>71.5 BBDC</b>
	IVC: <b>64 ABDC</b>	EVC <b>15.5 ATDC</b>
	Intake: <b>112 ATDC</b>	Exhaust: <b>118 BTDC</b>
	Intake: <b>2.81mm</b>	Exhaust: <b>2.51</b>

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[www.kelfordcams.com](http://www.kelfordcams.com)

[sales@kelfordcams.com](mailto:sales@kelfordcams.com)